



### Final Year Medical Students Program: Support Services

Below are some useful contacts that you should use when you find yourself unsure of your next steps. Remember that AMA Victoria is here to support you during all stages of your career as a doctor.

#### AMA Victoria Workplace Relations

Call: (03) 9280 8722

<https://www.amavic.com.au/assistance-for-doctors>

#### AMA Victoria Career Service and Training

Call: (03) 9280 8722

Email: [careersadvisor@amavic.com.au](mailto:careersadvisor@amavic.com.au)

[www.amavic.com.au/careers-advice](http://www.amavic.com.au/careers-advice)

#### AMA Victoria Peer Support Service

Call 1300 853 338

<https://amavic.com.au/assistance-for-doctors/Support-Programs/peer-support-service>

#### The Victoria & Tasmania Doctors Health Program

Call (03) 9280 8712

<http://www.vdhp.org.au/website/home.html>

#### Drs4Drs

Call (03) 9280 8712

[www.drs4drs.com.au](http://www.drs4drs.com.au)

#### AMA DiT Mentoring Program – Year 2 and up

<https://amavic.com.au/assistance-for-doctors/Support-Programs/dit-mentoring-program>

#### Lifeline Australia

Call 13 11 14

<https://www.lifeline.org.au/>

#### Beyond Blue

Call 1300 22 4636

<https://www.beyondblue.org.au/>