**Information for General Practitioners (GPs):**

**BAMH OT and Hand Therapy**

WorkSafe Victoria now supports the provision of Better Access to Mental Health (BAMH) occupational therapy services and hand therapy services to its injured workers.

BAMH occupational therapists have specific experience in evidence-based management of a range of mental health conditions. They focus on the functional impact of psychological injuries and develop practical interventions that support a return to suitable employment.

Accredited hand therapists are occupational therapists or physiotherapists with specific experience in treating hand and upper limb injury or illness. They can play an important role in recovery from trauma, peripheral neuropathy, tendinopathy, surgery, scarring, burns, and chronic pain.

If you think your patient may benefit from either of these services, please refer them to a WorkSafe- registered BAMH OT or hand therapist.

Referrals for services provided by an occupational therapist must come from a Medical Practitioner, and should include the following information:

* Patient’s name
* Patient’s date of birth
* Patient’s address
* Diagnosis
* List of any current medications
* Number of sessions the patient is being referred for.

For more information, please refer to the relevant policy.

[BAMH OT Services Policy](https://www.worksafe.vic.gov.au/better-access-mental-health-bamh-occupational-therapy-services-policy) І [Hand Therapy Services Policy](https://www.worksafe.vic.gov.au/hand-therapy-services-policy)