



# EMERGING LEADER PROGRAM



TOMORROW  
WILL BE  
DIFFERENT.  
WILL YOU?



**Excellence in healthcare requires expert collaboration within and between diverse teams of highly specialized healthcare professionals. As an early career doctor, you can start to develop the leadership skills necessary to participate effectively in collaborative work and to lead and support those with whom you work. Join this program to increase your knowledge of effective leadership and learn practical skills for use in your current role.**



### What is it?

The Emerging Leader Program is a professional development course for aspiring leaders in medicine. The program is designed to support early career doctors to develop skills and strategies for enacting leadership in their everyday work, as well as preparing them to step into leadership positions in the future.

### Who is it for?

The program is designed for interns to registrars (PGY1-8) who are looking to develop their leadership capabilities for current or future leadership roles.

### How does it work?

The program is delivered in a series of 4 webinars and a group action learning tutorial across 6 weeks. The webinars are highly interactive including expert presentations, group discussions, reflections and skills practice in small groups. Readings and resources will be provided for each webinar and participants will work on three personal action plans: a personal leadership development plan, a self-care plan and a professional network plan.

### What content is covered?

- » Who am I as a leader? Finding purpose, values and identity
- » Effective leadership skills and practices in collaborative environments
- » Leadership fundamentals: self-awareness, communication, motivating and influencing others
- » How to create psychological safety at work
- » Effective team communication: communicating vision, expectations and effective team norms
- » Leading productive discussion and decision-making
- » Giving effective feedback, navigating difficult conversations and conflict
- » Role models, mentors and sponsors: how to create and sustain effective professional networks
- » Leading sustainable change: how to lead change and innovation and overcome roadblocks
- » Self-care and wellbeing: how to lead a sustainable career

### Learning Outcomes

At the completion of this program participants will:

- » Have developed a strong sense of their leadership identity and professional values
- » Lead more effectively in team settings including supporting others around them
- » Contribute to a healthy and innovative culture through effective communication and feedback
- » Understand the role of self-care and wellbeing
- » Find greater satisfaction at work both as team members and as leaders

### What do participants receive?

In 2021, participants receive:

- » 11.5 hours of interactive online education via webinars and tutorials
- » An extensive reading and resource pack prior to the program and in preparation for each module
- » Action plan templates and examples
- » Connection to a community of like-minded people who have completed the course and who are keen to develop their leadership capacity



### Participants will know how to:

- » Use self-assessment techniques and request feedback from others to understand and improve leadership behaviors
- » Use action plans, feedback from others and reflection techniques to continue to develop more effective leadership behaviors
- » Identify personal values that inform their work and understand how these align with their current role(s)
- » Use skills and behaviours to create psychological safety in their teams
- » Communicate effectively in team setting to share ideas and increase others' participation
- » Provide feedback to others and engage in difficult conversations more effectively
- » Develop and maintain strong professional relationships and networks
- » Attend to their own self-care and wellbeing at work
- » Use skills and behaviours to navigate change more effectively and overcome roadblocks

### Who is the program delivered by?

Dr Anna Clark, a leadership development consultant and coach with substantial experience delivering leadership development programs in Europe, Singapore and Australia.

Dates (Australian Eastern Standard Times)

### 2022 Intake 1:

- » Module 1:  
Tuesday 3 May,  
6.15–8.45pm
- » Module 2:  
Tuesday 10 May,  
6.15–8.45pm
- » Module 3:  
Tuesday 17 May,  
6.15–8.45pm
- » Live Tutorial:  
Tuesday 24 May,  
6.30–7.30pm
- » Module 4:  
Tuesday 31 May,  
6.15–9.15pm

### 2022 Intake 2:

- » Module 1 + 2:  
Saturday 8 October,  
10.00–3.30pm
- » Module 3:  
Tuesday 18 October,  
6.15–8.45pm
- » Live Tutorial:  
Tuesday 25 October,  
6.30–7.30pm
- » Module 4:  
Tuesday 8 November,  
6.15–9.15pm

### Cost

AMA Victoria member  
\$946 + GST  
(57% discount on full price)

AMA other state member  
\$1254 + GST  
(43% discount on full price)

AMA Victoria partner referral  
\$1716 + GST  
(22% discount on full price)

Non-Member  
\$2200 + GST  
(full price)

### How to book

There are limited places, so book early and don't miss out.

You can enroll via the AMA Victoria website: <https://www.amavic.com.au/careers-advice/emerging-leader-program>, or by contacting: AMA Victoria Professional Development and Careers Team [careersadvisor@amavic.com.au](mailto:careersadvisor@amavic.com.au)

